

PLEASE ORDER AT THE COUNTER

COFFEE

Our Mt Etna Espresso blend coffee is 100% arabica. With the beans sourced from Guatemala, India & Brazil. Combined together to produce a chocolatey finish perfect for our lattes, cappuccino & flat whites. Decaffeinated coffee is available on request.

All our coffees are served in 12oz cups apart from flat white - 8oz.

Single Espresso	£2.70
Double Espresso	£3.50
Americano	£3.95
Cappuccino	£4.30
Latte	£4.30
Flat White	£4.30
Chai Latte	£4.50
Choffee	£4.50

Ambio's Very Special Chocolate Coffee

MATCHA

Blueberry Muffin Oat Matcha	£6.00
Vanilla Oat Matcha	£6.00

EXTRAS

Flavoured Syrups	£1.00
Alternative Milk	50p

LAKE DISTRICT TEA COMPANY

Pot of Tea	£3.20
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Lake District Tea Co. Breakfast Tea

Speciality Teas	£3.60
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Decaffeinated / Earl Grey / Green Tea / Camomile
Peppermint / Red Berry / Lemon & Ginger / Apple &
Rooibos / Darjeeling / Raspberry & Peach

HOT CHOCOLATE

A Mug of Silky Luxury Hot Chocolate

Hot Chocolate	£4.10
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Smooth and Silky Hot Chocolate

Indulgent Hot Chocolate	£5.10
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Our Luxury Hot Chocolate topped with Whipped
Cream and Marshmallows

Add a Flake **75p**

Food Allergies and Intolerances

For any allergy information please ask a member of staff! We use nuts in our kitchens and cannot guarantee there are no traces!

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COLD DRINKS

Selection of Cans	£2.95
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Pepsi, Pepsi Max, Dr Pepper Zero, Vimto Zero,
Tango Orange, Tango Apple

Karma Soda	£3.60
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Cherry Lee, Razza Raspberry Lemonade,
Tropikool, Lemony Lemonade

Cawston Press - Sparkling Fruit Juice	£3.60
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Apple/Rhubarb/Ginger Beer/Elderflower

Daymar Bay Fresh Fruit Juice	£3.30
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Orange, Apple or Apple & Mango

Orangina	£3.60
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Water - Still & Sparkling	£2.30
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Fruit Shoots	£2.30
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Apple & Blackcurrant / Orange

At Café Ambio we are passionate about offering the best quality food, tea, coffee and service in great surroundings by pleasant and courteous people.

We have spent a great deal of time sourcing the right coffee for Café Ambio, we use the best beans, 100% Arabica, sourced from estates around the world, hand roasted in Edinburgh by master roasters. We believe we serve a great cup of coffee and amazing tea too!

We place a strong emphasis on home baking, proper chefs in our kitchens bake throughout the day from amazing scones, scrumptious cookies and delicious cakes, using the best local supplies on offer.

All our cafés strive to offer the same high standard of food and service, whilst retaining their own individuality.



Café Ambio



@CaféAmbio

We would love to see you at our other Cafés

Café Ambio **Lakeland Motor Museum**, Backbarrow LA12 8TA

Café Ambio, **Astley Park**, Chorley PR7 1XA

Café Ambio **Junction 36**, North West Auctions,
Crooklands LA7 7NU

Café Ambio **Grizedale**, Grizedale, Ambleside LA22 0QJ

Café Ambio **Whinlatter**,
Whinlatter Forest Park, Keswick CA12 5TW

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Southcott Catering Ltd

**Registered Office: 1 Manorside Flookburgh,
Grange Over Sands, Cumbria, United Kingdom, LA11 7HY**

Café
Menu

PASSIONATE ABOUT
THE BEST QUALITY

BACKBARROW

PLEASE ORDER AT THE COUNTER

BREAKFAST Served until 11.30am

Bacon Butty Three Rashers of Smoked Back Bacon	£6.75
Cumberland Sausage Butty Cumberland Curl	£6.75
Extra Items with Breakfast Butty's Fried Egg, Three Rashers Smoked Back Bacon, Cumberland Curl, Fried Halloumi.	£2.10 each
Ambio Breakfast Smoked Back Bacon, Cumberland Curl, Hash Brown, Roast Tomato & Field Mushroom, Baked Beans, Fried Egg, Toast & Butter. (sorry no swaps or exchanges but extra items available)	£15
Smashed Avocado on Toast (V) Toasted Olive Bloomer, Smashed Avocado, Poached Eggs, Halloumi, Hot Honey, Pickled Red Onion	£15
Eggs Ambio Toasted Olive Bread, Smoked Back Bacon, Poached Eggs, Hollandaise Sauce, Crispy & Pickled Onions	£15.00
Poached Eggs On Toast (V) Soft Poached Eggs, Toasted Bloomer & Winter Tarn Butter.	£10
Vegan Loaded Toast (VE) Toasted Bloomer, Smashed Avocado, Roasted Tomato & Field Mushroom, Watercress, Pickles.	£14
Cartmel Valley Smoked Salmon Toasted Bloomer, Poached Eggs, Hollandaise Sauce.	£14.50
Thick Cut Toasted Bloomer (V) Choice of Jam & Winter Tarn Butter	£4.00
Toasted Tea Cake (V) Choice of Jam & Winter Tarn Butter	£4.00

SANDWICHES Served from 11.30am

Served on Fresh Ciabatta Rolls, Served with Dressed Salad & Coleslaw	
Sandwiches £10.00 Rare Roast Beef, Caramelised Onion Chutney, Horseradish Mayo, Watercress Roast Ham, Punchy Mustard Chutney, Watercress Cheddar Cheese, Hawkshead Apple, Date & Damson Chutney, Watercress ADD A CUP OF SOUP	£5.50

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LUNCH Served from 11.30am

Soup Of The Day (VE) Thick Cut Bloomer & Winter Tarn Butter	£7.75
Eggs Ambio Smoked Back Bacon, Poached Eggs, Hollandaise Sauce, Toasted Olive Bread.	£15.00
Goats Cheese Flatbread (V) Sourdough Flatbread, Spicy Tomato Chutney, Goats Cheese, Honey, Pickled Red Onions, Balsamic, Watercress	£14
Ambio Cheeseburger Beef Burger, Melted Smoked Applewood, Gherkin Ketchup, Lettuce, Red Onion Chutney, Beef Tomato, House Pickles, Triple Cooked Chips, Coleslaw	£17.00
Ambio Minted Lamb Burger Minted Lamb Burger, Cucumber Mint Yogurt, Romaine Lettuce, Pickled Red Cabbage, Triple Cooked Chips, Coleslaw	£17.00
Falafel Salad Tin (VE) Warm Falafel, Spiced Quinoa, Green Buckwheat Salad, Bombay Spiced New Potato, Curry Ranch Dressing, Hummus, Pickles	£15
Caesar Salad Bowl Caesar Dressed Romaine Lettuce, Parmesan, Croutons, Soft Boiled Egg, Crispy Chicken & Smoked Bacon OR Crispy Halloumi (V)	£15
Open Smoked Salmon Sandwich Cartmel Valley Smoked Salmon, Cream Cheese Tartare Sauce, Lemon Rye Bread, Pickled Cucumber & Red Onions, Watercress, Soft Boiled Egg.	£15

SIDES

Triple Cooked Chips (V)	£5.50
Dressed Romaine Lettuce, Grains & Mustard Dressing (VE)	£4.50
Coleslaw (V)	£3.00

DAILY SPECIALS

Check out our Daily Specials Board for
more delicious freshly prepared choices

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KID'S MENU

Children under the age of 12 please

Sausage & Chips Cumberland Sausage, Beans, Chips	£7.50
Chicken Goujons Crispy Chicken Goujons, Chips & Beans.	£7.50
Pizza Margarita (V) Cheese & Tomato Pizza, Chips	£7.50
Picnic Box Ham, Cheese or Jam Sandwich Crisps Choice of Water or Orange Juice	£7.50
Fruit Shoot Apple & Blackcurrant / Orange.	£2.30
Babyccino Small cup of warm milk sprinkled with marshmallows	£2.50
Still Water	£2.30
Ice Cream Check our Ice Cream Freezer for our selection of English Lakes Ice Cream. Served in a Waffle Cone or Tub.	1 Scoop £4
Milkshakes Served from the Ice Cream Counter.	£6.50
Add a Flake 75p	

SWEET TREATS

Ambio's Famous Fruit Scone Clotted Cream, Jam & Butter	£5.50
Selection of freshly baked Cakes and Traybake's from £4.50	
Toasted Tea Cake Strawberry Jam or Marmalade & Butter.	£4.00
Ice Cream Check our Ice Cream Freezer for our selection of English Lakes Ice Cream. Served in a Waffle Cone or Tub. Vegan options available.	1 Scoop £4.00 1 Scoop £5.00
Milkshakes English Lakes Ice Cream Shakes! Any flavour of Ice Cream turned into a Milkshake, topped with Whipped Cream and Sauce.	£6.50
Add a Flake 75p	

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